



COLLEGE GOLF FELLOWSHIP

ENJOYING GOD
BY TIM CHESTER

CGF Workbook

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CHAPTER 01

More

“With which member of the Trinity—God the Father, God the Son or God the Spirit—do you have the strongest sense of a lived, experienced relationship?” Have you ever thought about praying specifically to each Father, Son, and Spirit? pp. 14-15, 22-23

What is our first step in relating to God? pp. 15-18

More often than not, do you desire to be with God regardless of the circumstances, like Moses, or would you rather be comfortable without Him? pp. 18-19

What is the difference between union with God and communion with God? pp. 19-22

Complete the Action on page 24 for next week.

NOTES

Take Away

John Owen “The divine nature is the reason and cause of all worship; so that it is impossible to worship any one Person, and not worship the whole Trinity.”

CHAPTER 02

Joy

Complete the Action on page 24 throughout this week

Do you like God? What is your first thought when you think of God? How has that changed over the years? pp. 25-26

What was the goal of Paul's ministry? Why? pp. 26-27

What are some of the benefits of enjoying a relationship with God? Which do you most relate to currently? pp. 27-29

What is the primary reason to pursue a relationship with God? What is the purpose of Paul commanding us to "rejoice in the Lord always."? pp. 30-32

Recall a time in which you joyously recognized and experienced the joy of God (big or small), even when you didn't ask for it, like the author. pp. 32-35

NOTES

 ***Take Away***

Even if we have nothing, we have everything if we are in Christ because a relationship with God supplies joy in all circumstances.

CHAPTER 03

In Everyday Pleasure We Can Enjoy The Father's Generosity

Complete the Action on page 36 throughout this week

With whom did our Salvation begin? pp. 38-39

What brings the Father greatest sorrow? Why? Can you relate to this as a parent yourself? pp. 39-41

How would you see the world differently if you saw it through the lens of God's everyday divine intervention, instead of simply through natural causes? pp. 41-45

Why should we never be "bored in God's world"? pp. 45-47

What is "the key that unlocks [the] treasury of joy"? How can we practically do this daily? pp. 47-49

NOTES

 ***Take Away***

“We live in a Fathered world,” and our Father enjoys giving good gifts to
His children.

CHAPTER 04

In Every Hardship We Can Enjoy The Father's Formation

Complete the Action on page 48 throughout this week

In the suffering in our lives, how is "God's fatherly discipline... a sign of fatherly love."? How can looking at the purpose of Jesus's suffering help us in ours? pp. 51-54

Why is God's discipline through suffering in our lives not necessarily linked to our sin? How would we know if God's discipline was because of our sin or not? What is the "aim" of His discipline? pp. 54-57

"How does God's discipline normally work?" pp. 57-58

Think of some times of suffering in your life. Did you see that as the Lord's discipline? (Remember that most discipline is not because of your sin) Share how that impacted your relationship with God? pp. 58-61

NOTES

 ***Take Away***

As a perfect Father, God disciplines His children for the sake of making them more like their perfect Brother and Savior; Jesus.

CHAPTER 05

In Every Prayer We Can Enjoy The Father's Welcome

Complete the Action on page 61 throughout this week

Where can we look to see true kindness? pp. 63-64

Why is it a big deal that Jesus teaches to begin the "Disciples' Prayer" with "Our Father"? pp. 64-66

What are your first thoughts when someone says that you are a "Son or Daughter of God"? What is a main privilege that we share with Jesus as a "Son of God"? pp. 66-69

How do we know that God hears and delights in our prayers? pp. 70-73

Do you find joy and comfort in prayer? Why or Why not? pp. 73-74

NOTES

Take Away

In Christ, we are adopted into Sonship with Him and given the Holy Spirit who gives us confidence to approach the throne of grace.

CHAPTER 06

In Every Failure We Can Enjoy The Son's Grace

Complete the Action on page 74 throughout this week

How is Jesus ahead of and over us? pp. 75-77

How is Jesus busy doing nothing? Why is that good for you as a Christian?
pp. 77-80

Why do we as Christians need to get busy doing nothing? How is this hard for you? Are there certain things in your life that make this difficult for you? pp. 80-83

What should be our response when we "fix our eyes on Jesus"? How have you seen this soften your heart and change your life?

NOTES

 ***Take Away***

We can't help but be filled with love and pour out love when our eyes are fixed on Jesus.

CHAPTER 07

In Every Pain We Can Enjoy The Son's Presence

Complete the Action on page 85 throughout this week 1.

How can we know what Jesus is like now? pp. 87-88 2.

What do we learn about who Jesus is from these few interactions in Luke?
How is that comforting to you? pp. 88-92 3.

How do we know that Jesus can sympathize with us, not just when he was
on Earth, but now? pp. 92-94 4.

How does Christ respond when we sin, even blatantly? pp. 94-95

Which one of Jesus's titles listed at the bottom of p. 96 comforts you the
most? Which one do you have the hardest time believing/remembering?
pp. 96-98

NOTES

 ***Take Away***

Jesus knows our pain and grief, and weeps with us in it.

CHAPTER 08

In Every Supper We Can Enjoy The Son's Touch

Complete the Action on page 97 throughout this week

Who is our "other Advocate"? What benefits do I get to enjoy from this "other Advocate"? In the past week, how have you seen these benefits play out in your life? pp. 99-101

How can we say that we have the presence of Jesus in our lives even when He is physically absent? pp. 101-103

What is the communion table a representation of? How does the Spirit act in communion? Have you ever thought of communion in this way? pp. 103-105

What difference would it make if you viewed communion as a loving touch from Jesus? pp. 106-107

NOTES

 ***Take Away***

The Spirit is given to us as our Advocate and Helper. He is the tangible presence of Christ in our lives.

CHAPTER 09

→ *In Every Temptation We Can Enjoy The Spirit's Life*

Complete the Action on page 106 throughout this week

What is your 30 SEC story on how the Spirit brought you from death to life?

Do I expect too much or too little of the Spirit of God? Do I need to adjust my view to properly "recognize why the Spirit gives life and power"? pp. 113-114

Do you think that you can please God? pp. 114-116

Why does the author say "that struggle itself is a sign of the Spirit's work."? Do you actually believe that "you don't have to sin" anymore? pp. 117-118

"Don't make your life so safe that you never have cause to notice the Spirit's work." Are you convicted by this? When was a recent time when you stepped out of your comfort zone and noticed the Spirit's work? pp. 118-119

NOTES



Weekly Action

Take a risk for God this week. It might be inviting a neighbor to church, declaring your allegiance to Christ in the workplace, offering to pray with an unbeliever, being extravagantly generous with your time or money—something that makes you feel your dependence on the Spirit's help.

CHAPTER 10

In Every Groan We Can Enjoy The Spirit's Hope

Complete the Action on page 119 throughout this week

What makes you groan and why? In what ways do we “groan” with creation? How is the unbeliever’s groaning different than the believer’s? pp. 121-124

What are the 2 ways in which the Spirit makes us long for “New Creation”? pp. 124-125

How does the Spirit work in our times of strength, and more importantly, in our times of weakness and pain? What is God doing in us in these times? pp. 126-127

Why must we take the time, daily, to meditate on the things to come? pp. 127-128

NOTES

 ***Weekly Action***

Each day this week spend time thinking about eternal life in the new creation.

CHAPTER 11

In Every Word We Can Enjoy The Spirit's Voice

Complete the Action on page 128 throughout this week

Why do we often not delight in reading the Bible or Praying? pp. 131-132

Why does the author suggest the term “means of communion,” instead of “spiritual disciplines,” or “means of grace”? pp. 132-134

How is it that “God Speaks” when we read the Bible? What does God accomplish in us when we read His Word? pp. 134-136

When was the last time you were comforted by God's Word and why were you comforted by it? pp. 136-138

How do you approach reading the Bible? Do you need to change your approach in order to more enjoy communion with God? pp. 138-141

NOTES

 ***Weekly Action***

Each day this week pray through a passage of Scripture.

CHAPTER 12

In One Another We Can Enjoy God's Love

Complete the Action on page 141 throughout this week

How is "joy made complete" in the context of Christian community? pp. 143-145

Why can't we love God on our own? pp. 145-146

How can we "see the love of the invisible God"? What are some examples in your life? pp. 146-147

Why will I be discouraged and grow weary if I am simply "pursuing MY joy in Christ"? pp. 147-150

Do you do these 4 things on pages 150-151? If you do, what is an example of how you have been encouraged in these? If not, which ones are you being prompted to start?

NOTES

 ***Weekly Action***

Initiate a meal with someone from your church.

CHAPTER 13

In Daily Repentance and Faith We Can Enjoy God's Freedom

Complete the Action on page 152 throughout this week

Do you get excited about saying, "sorry" to someone you have wronged? Why not? pp. 155-156

What are the 3 points to "the secret of happiness"? Why should these bring us joy? pp. 156-157

How does "unconfessed sin ruin our enjoyment of God"? What 3 ways do we avoid repentance? pp.158-159

When have you experienced restoration after repenting? pp. 160-162

How does our view of God effect our repentance? pp. 162-165

What are some ways that you fight sin? If nothing comes to mind, where do you need to start? pp. 166-167

NOTES

Take Away

Repentance is a daily act for the Christian to fully enjoy his relationship with God.

CHAPTER 14

Under the Hood

Complete the Action on page 166 throughout this week

How can we know God even though we can't fully explain God? pp. 169-174

What does God save us from and to? p. 174

What are the few dangerous views of experience? pp. 174-175

Why is it important to remember that not only our union with God, but our communion with God is a gift? pp. 176-178

My prayer in going through this book is that we will never "get over" the fact that "Jesus appeared so that [we] might have fellowship or communion with God." How have you been encouraged by going through this book together? pp. 178-179

NOTES

 ***Take Away***

“Jesus appeared so that people might have fellowship or communion with God.”

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